

INTERNATIONAL FENCING CAMP FOIL

FROM 2ND TO 8TH AUGUST 2025



AIX-EN-PROVENCE

Presentation



The ASCC Fencing Academy, in collaboration with Aix-en-Provence fencing club, Escrime Pays d'Aix (EPA), is pleased to invite you to participate in its first summer camp in 2025, aimed at French and international foil fencers.

The ASCC Fencing Academy was founded by Master Amir Shabakehsaz, former coach of the French senior men's team at INSEP, and Mrs. Chiara Cini, a former Italian international fencer. Its mission is to develop fencing in France and internationally, offering a high-quality stay designed to develop the essential techniques needed for practicing fencing. This camp is the perfect opportunity to have an enjoyable vacation while practicing your favorite sport, as part of a high-quality educational program created by professionals.

The special feature of this camp is that it provides participants with the incredible opportunity to compete and learn from the best young fencers worldwide, including current French top fencers, and experts with high-level professional experience.

Throughout the camp, participants will be able to develop their psychomotor skills, which are essential for practicing fencing, through the various activities offered. The qualifications and expertise of the coaches and our young international athletes are the major assets of this program.

Foil fencers will have the chance to directly compete with international champions from the Aix-en-Provence club, such as Armand Spichiger, Antoine Spichiger, and Thibaut Gaven Mary.

The fencing masters for foil are: Amir Shabakehsaz, Emeric Clos, Chiara Cini, Adeline Wulleme, Robert Kross, and Nicolas Wagner.

The ASCC camp also offers a physical training and muscle strengthening program, directed by physical trainer Sébastien Mida, who is experienced in working with high-level athletes.

Who is it for?

Intended for foil fencers aged between 10 and 20 years, the groups will be organized based on the age, technical and physical level of the participants, while also respecting the pace and abilities of each individual.

Providing high-quality athletic support is our priority.

Place and dates

Participants are expected at the CREPS site in Aix-en-Provence on August 2, 2025, starting at 2:00 PM. The camp will end on August 8 at 4:00 PM. All participants must vacate the facilities by this exact time.

Languages spoken

The camp will primarily be conducted in French and English.

Additional information

Fencing equipment and sportswear are the responsibility of each fencer.

Fencers interested in the camp should contact the fencing club for more information and to reserve their spot for the camp.

asccfencing@gmail.com

or

+33 (0)4.42.53.17.41

(during opening hours)

We recommend that you register early as the Camp has a strictly limited number of places to ensure an intimate environment and personal experience for all participants.

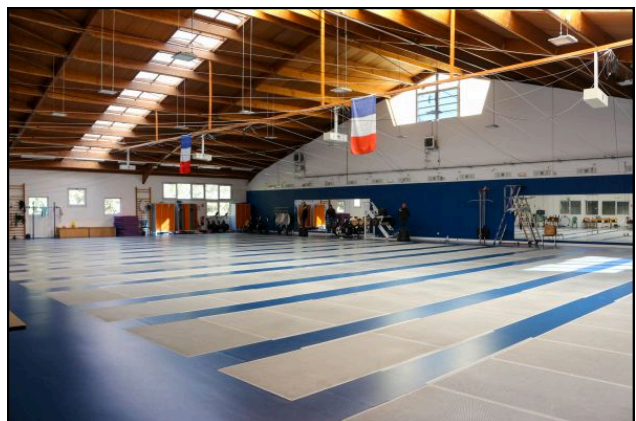
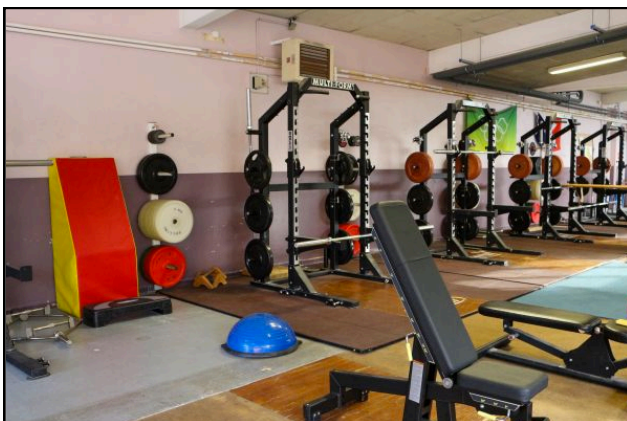




Facilities

The Camp will take place at the Aix-en-Provence fencing facilities of the CREPS. Accommodation, meals as well as all the training facilities are located within that complex. The place is ideally located close to the city center and the train station.

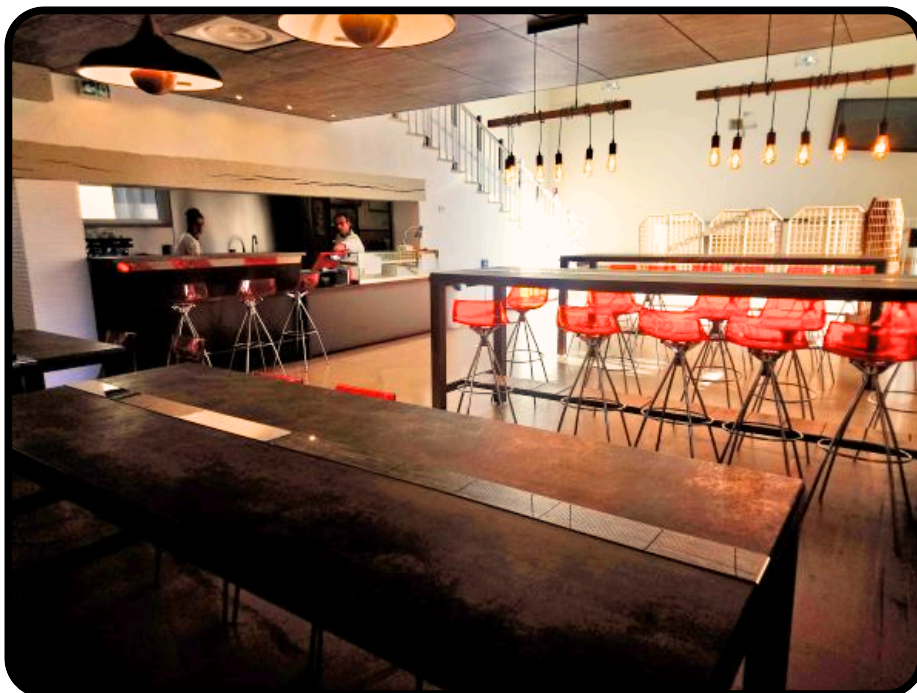
Accommodation will be in double or triple rooms. All sleeping accommodation will be supervised by adults.



For more information on the facilities, please check out their website on <https://www.creps-paca.fr>

Catering

All meals will be provided on site.



Rooms





TYPICAL DAY TIMETABLE :

Activités	
8 AM	Breakfast
9 AM	Stretch, Aerobic and Anaerobic Training
10 AM	Foot work
10.30 AM	Exercices / Matches / Individual lessons
12 PM	Lunch
1 PM	Video analyses
2 PM	Warm up, coordination and stretching
2.30 PM	Drills and matches
4 PM	Sports activities, games, swimming
6.30 PM	Dinner
8 PM	Supervised evening activities

Staff



Amir SHABAKEHSAZ

Fencing coach

- Coach for the Aix-en-Provence fencing club, September 2024 onwards
- Coach for the Senior Men's National Foil Team at INSEP since August 2021 September 2024
- National Coach, Men's Junior and Cadet Foil Teams, Pole France in Châtenay-Malabry, August 2017 – August 2021
- Fencing Coach, Pays d'Aix from 2008 to 2016
- Assistant National Coach, Men's Foil, Aix-en-Provence, 2009 to 2016
- Assistant National Coach, Senior National Teams at INSEP, 2017
- International Referee, Foil and Épée
- Retired International Fencer, Foil

Emeric CLOS

Fencing coach



- National Coach Manager of the Senior Men's Foil Team at INSEP since 2021.
- National Coach Manager, Pole France Senior Men's and Women's Foil Teams (INSEP) from 2016 to 2021.
- National Coach, Pole France Senior Men's and Women's Foil Teams (INSEP) from 2013 to 2016.
- Assistant National Coach, Pole France Senior Women's Foil Team (Châtenay-Malabry and INSEP) from 2009 to 2013.
- Assistant National Coach, Pole France Junior Women's Foil Team (Châtenay-Malabry) from 2009 to 2010.
- Fencing Master at the club Les Mousquetaires d'Issy-les-Moulineaux from 2006 to 2011.



Adeline Wulleme

Fencing coach

- Fencing Master at the club Les Mousquetaires d'Issy-les-Moulineaux.
- Former Fencing Master at the Pole France Men's Foil Team in Châtenay-Malabry.
- Physical Education Professor at the University of Paris Panthéon-Assas for over 20 years, teaching all three weapons.
- Member of the French Women's Foil Team from 1996 to 2008.
- European Foil Champion in individual and bronze in team, Kiev, 2008.
- Bronze medals at the World Championships in individual and team events, Leipzig, 2005.
- 3 Olympic participations: Atlanta 1996, Sydney 2000, Athens 2004.
- 7 World Cup victories.
- 6 French National Champion titles.

Chiara CINI



- High-level athlete from 2013 to 2020.
- Member of the Italian National Women's Foil Team. In 2018, listed on the "Elite" list of the Italian Olympic Committee.
- European Champion in team events, Novi Sad (SRB) - 2018.
- Vice-World Champion in team events, Wuxi (CHN) - 2018.
- Bronze medal in individual events at the Italian Championships, Rome - 2016.
- Bronze medal at the European Games, Baku - 2015.
- Fluent in Italian, French, and English.



Nicolas Wagner

Fencing coach

- Fencing Master in Sabre, Épée, and Foil at Escrime Pays d'Aix.
- Trainer of the Patrice brothers, currently among the best sabre fencers in the world.
- Silver medal at the French Veteran Championships, 2011.

Sébastien Mida

Fitness coach



- Badminton Coach at the Fontenay-sous-Bois Club since September 2022.
- Physical Trainer at the Badminton Training Center, Chambly Oise Club since September 2021.
- Performance Science Trainee Supporter at the Pole France Badminton/INSEP from September 2020 to 2022.
- Assistant Physical Trainer at the Pole France Fencing (Men's and Women's Foil) at INSEP from September 2021 to June 2022.



Robert KROSS

Fencing coach

- Fencing Master at the Cercle d'Escrime de Mandelieu since 2011 and at the Ecole d'Escrime d'Antibes since 2021.
- Fencing Master at the Cercle d'Escrime de Cannes from 2012 to 2017.
- Fencing Master at the Cercle d'Escrime du Pays Vençois from 2010 to 2015.
- Fencing Master at the Cercle d'Escrime de Vienne from 2005 to 2010.
- Fencing Master at the Société d'Escrime de Lyon from 2000 to 2010.
- High-level athlete from 1995 to 2004, ranked among the top 10 fencers in France in the national rankings in 1995, 1997, 1999, and 2000.
- Numerous selections in World Cups from cadet to senior levels.

Athletes

Antoine Spichiger



Member of the Pole France Relève in Châtenay-Malabry.

Achievements:

- French Junior National Team 2024-2025.
- Winner of the Junior World Cup in Istanbul, November 2024.
- Individual Junior French Champion, May 2024.
- 1st in the Junior National Rankings, 2024.
- Junior French Champion in both individual and team events, 2021.
- 6th place at the Cadet World Championships, 2021.
- Winner of the Danube Cadet World Cup Circuit, 2021.



Armand SPICHIGER

Member of the Pole France Senior INSEP.

Achievements:

- U23 French Champion in 2024.
- U23 European Vice-Champion in team events.
- U23 European Champion in team events in 2022 and 2023.
- 1st in the Junior National Rankings in 2021.
- 3rd place at the Junior World Championships in team events, 2021.
- 3rd place at the Junior European Championships in both individual and team events, 2019.
- Youth Olympic Champion in both individual and team events, 2018.
- 5th place at the World Championships in individual events, 2018.

Thibaut GAVEN-MARY



Member of the Pole France Relève in Châtenay-Malabry.

Achievements:

- Quarter-finalist at the M17 World Championships in 2024 in Riyadh.
- Quarter-finalist at the M17 European Championships in 2024 in Naples.
- M17 European Vice-Champion in team events in 2024 in Naples.
- 3rd place at the M17 European Circuit in Budapest.
- M17 Individual French Champion in 2024.



Cancellation policy

The camp will only take place if a minimum number of participants is reached. In case of insufficient participation or if health conditions require it, the EPA reserves the right to cancel the camp before June 30, 2025. In such a case, the participation fees will be fully refunded to the participants.

Fees and logistics

The participation fee for the camp is 880 EUROS. This fee includes accommodation and meals. Travel to the CREPS in Aix-en-Provence is the responsibility of the participants. Evening activities are included in the fee.







FICHE D'INSCRIPTION / REGISTRATION FORM

Nom / *Name* :

Prénom / *First Name* :

- Féminin/ *Female*

- Masculin / *Male*

Date de naissance / *Date of birth* :/...../.....

Adresse / *Address* :
.....

Pays / *Country* :

Tél / *Phone* :Tél portable / *Mobile Phone*.....

Mail :

Club :

Prix du stage : **880€**

Mode de paiement / Payment Method: par chèque libellé au club de l'Escrime Pays d'Aix ou par virement - *by check in the name of Escrime Pays D'Aix or by wire transfer (bank details IBAN: FR76 1009 6180 7000 0983 0900 174 BIC: CMCIFRPP)*

Le stage devra être intégralement réglé le **30 juin 2025** / *The full payment of the camp must be received prior to June 30th, 2025.*

ANNULATION / CANCELLATION

En cas d'annulation + de 60 jours avant le début du stage, 180€ seront retenus par l'EPA. En cas d'annulation entre 60 jours avant le début du stage et le 10 juillet, 350€ seront retenus par le club. En cas d'annulation entre le 10 juillet et le début du stage, l'intégralité des sommes dues soit 880€ seront acquise par l'EPA. *In case of cancellation at least 60 days before de beginning of the camp, 180€ would be retained by the EPA. In case of cancellation between 60 days prior to the start of the camp and 10 July, €350 will be retained by the EPA. From 10 July till the start of the camp, the full amount of the camp €880 will be retained by the EPA.*

Fait à / *Signed in* :le / *on* :

Signature